

**DAVID S. AMID, D.D.S.**  
**Practice limited to periodontics**  
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## **INSTRUCTIONS FOR YOUR SURGICAL APPOINTMENT**

**You will need someone to bring you and pick you up from the office.** Also, you should have a responsible adult be with you for the remainder of the day. **PLEASE PREPARE FOR THIS.**

**DO NOT EAT FOR 2 HOURS PRIOR TO TAKING THE MEDICATION.** Food in the stomach decreases the effectiveness of the medication.

**DO NOT DRINK ANY CAFFEINE (COFFEE/TEA)** the day of your appointment, because this also decreases the effectiveness of the medication.

**PLEASE wear comfortable, loose clothing** and leave unneeded jewelry at home. Short sleeves are preferable. Bring a sweater or sweatshirt in case you get cold.

If you are regularly taking any medication (insulin, hormones, high blood pressure pills, etc.), **continue these unless otherwise advised.**

**Be prepared for complete rest for the remainder of the day. You will most likely sleep for several hours after the surgery. Allow for light activities the following day. Take all prescription medications as directed.**